



EVENT RECORDS

UPDATED NOVEMBER 2017

OPEN

Event	Time / Height / Distance	Record Holder	Year
100 metres	10.65 sec	S. Rusling (WS)	2004
200 metres	21.87 sec	K. Sheehy (STMC)	2001
400 metres	48.40 sec	T. Barbour (SPSC)	1984
800 metres	1:54.20	J. Pentelow (SC)	1967
1500 metres	3:56.20	J. Pentelow (SC)	1967
3000 metres	8:28.90	R. Everest (WS)	2008
110m Hurdles	14.94 sec	C. Verrall (WS)	2011
High Jump	2.02m	M. Scalzi (RC)	1991
Pole Vault	4.70m	S. Christie (PAC)	1996
Long Jump	7.40m	C. Lucas (PAC)	1993
Triple Jump	14.44m	C. Lucas (PAC)	1993
Shot Put	15.48m	G. Cap (SHC)	1970
Discus	45.60m	M. Hodgson	1987
Javelin	65.86m	P. Thornton	1980
Hammer	61.13m	T. Alpin	1997
4 x 100m Relay	43.80 sec	Prince Alfred College	1993



UNDER 16

Event	Time / Height / Distance	Record Holder	Year
100 metres	11.10 sec	J. Tester (SC)	1969
		R. Lucas (SIC)	1980
		T. Baker (PGS)	1994
200 metres	21.54 sec	T. Bateman (IC)	2004
400 metres	50.99 sec	K. Sheehy (STMC)	1999
800 metres	1:58.20	M. Jamieson (PAC)	1900
1500 metres	4:14.47	J. Bowden (RC)	2004
100m Hurdles	14.11 sec	H. Frayne (SPSC)	2006
High Jump	1.96m	M. Helier (SPSC)	1991
		J. Hunter (CC)	2005
		T. Blumson (TC)	2006
Pole Vault	4.45m	T. Lovell (PAC)	1996
Long Jump	6.78m	T. Lambert (PAC)	2003
Triple Jump	13.95m	C. Lucas (PAC)	1990
Shot Put	17.11m	J. Iese (CBC)	2017
Discus	56.68m	S. Larsson (BPS)	1984
Javelin	57.85m	P. Ryan (SHC)	1985
Hammer	53.80m	L. Barr (RC)	2017
4 x 100m Relay	45.20 sec	St. Peters College	1993

UNDER 15

Event	Time / Height / Distance	Record Holder	Year
100 metres	11.18 sec	S. Rusling (WS)	2002
200 metres	23.2 sec	R. Brown (IC)	1985
400 metres	52.57 sec	S. Pallotta (PAC)	2007
800 metres	2:01.38	C. Stapleton (SPSC)	2004
1500 metres	4:03.17	T. Magee (PEM)	2006
100m Hurdles	14.00 sec	D. Brophy (PEM)	1993
High Jump	1.87m	M. Filsell (STMC)	1991
Long Jump	6.53m	A. Bubner (PAC)	2003
Triple Jump	13.20m	J. Hunter (CC)	2004
Shot Put	15.13m	S. Larsson (BPS)	1983
Discus	46.58m	P. Letcher (PAC)	1993
Javelin	50.63m	T. Serotzki (CC)	2006
4 x 100m Relay	46.90 sec	St. Peters College	1984



UNDER 14

Event	Time / Height / Distance	Record Holder	Year
100 metres	11.29 sec	D. Mai (PEM)	2007
200 metres	23.70 sec	T. Bateman (IC)	2002
400 metres	54.87 sec	C. Stapleton (SPSC)	2003
800 metres	2:07.50	S. Slimming (SPSC)	2012
1500 metres	4:27.45	R. W. McCann (STMC)	2011
90m Hurdles	12.80 sec	R. Brown (IC)	1984
High Jump	1.80m	A. Rogers (SC)	1982
		A. Killian (STMC)	2005
Long Jump	6.19m	A. Bubner (PAC)	2002
Triple Jump	12.46m	R. Brown (IC)	1984
Shot Put	14.75m	M. Martin (SHC)	2004
Discus	45.66m	L. Barr (RC)	2015
Javelin	45.98m	C. Cabrese (SPSC)	2006
4 x 100m Relay	48.46 sec	Rostrevor College	2014

UNDER 13

Event	Time / Height / Distance	Record Holder	Year
100 metres	11.89 sec	D. Mai (PEM)	2006
200 metres	24.71 sec	B. Wilson (CBC)	2009
400 metres	56.92	S. Tierney (IC)	2014
800 metres	2:09.86	A. Richardson (PEM)	2017
1500 metres	4:32.61	A. Richardson (PEM)	2017
80m Hurdles	11.82 sec	B. Broad (SHC)	2007
High Jump	1.61m	J. Sexton (SIC)	2014
		L. Trantham-Fryer (STMC)	2011
		W. Turner (WS)	2006
Long Jump	5.43m	T. Cusack (RC)	2015
Triple Jump	11.04m	N. Miles (PAC)	2014
		A. Tam (SPSC)	2006
Shot Put	15.01m	W. Giles (CC)	2005
Discus	34.90m	J. Serotzki (CC)	2009
Javelin	37.41m	T. Teague (PAC)	2005
4 x 100m Relay	52.22 sec	Christian Brothers College	2014