

**Swimming Midweek Competitions**

**Round 1 Wednesday 5th February**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, STMC, SHC** |
| **PAC** | **PAC RED, PAC WHITE, SIC** |
| **WESTMINISTER** | **WS, PULT, CC** |
| **PEMBROKE** | **PEM, SC, TC** |
| **ST PETERS**  | **SPSC, CBC, RC** |

**Round 2 Wednesday 12th February**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, CBC, SC** |
| **PAC** | **PAC WHITE, TC** |
| **WESTMINISTER** | **WS, STMC, SHC** |
| **PEMBROKE** | **PEM, PAC RED, RC** |
| **ST PETERS**  | **SPSC, SIC, CC, PULT** |

**Round 3 Wednesday 19th February (Adelaide 500 Week)**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, STMC, CC** |
| **WESTMINISTER** | **WS, SHC, SC** |
| **PEMBROKE** | **PEM, CBC, PULT** |
| **ST PETERS**  | **SPSC, SIC, TC, RC** |

**BYE – PAC RED, PAC WHITE**

**Round 4 Wednesday 26th February**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, RC** |
| **PAC** | **PAC WHITE, SHC, PULT** |
| **WESTMINISTER** | **WS, STMC, CBC** |
| **PEMBROKE** | **PEM, SIC, CC** |
| **ST PETERS**  | **SPSC, PAC RED, TC, SC** |

**Round 4 Wednesday 4th MARCH**

**NO SWIMMING - SSSSA Competition**

**Round 5 Wednesday 11th March**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, SHC** |
| **PAC** | **PAC RED, SIC, CBC** |
| **WESTMINISTER** | **WS, STMC, SC** |
| **PEMBROKE** | **PEM, CC, RC, TC** |
| **ST PETERS**  | **SPSC, PAC WHITE, PULT** |

**Round 6 Wednesday 18th March**

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| **Pool** | **Schools Competing** |
| **IMMANUEL** | **IM.C, PULT, SC** |
| **PAC** | **PAC RED, PAC WHITE, RC** |
| **WESTMINISTER** | **WS, CBC** |
| **PEMBROKE** | **PEM, SIC, SHC** |
| **ST PETERS**  | **SPSC, CC, STMC, TC** |

**Round 7 Wednesday 25th March (Finals)**

**Top 8 Teams**

**Venue St Peters**

**4.15 start**

**Presentations at the end of the Swimming Final**

***Each School to have their Captain(s) present***

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| IC – Immanuel College | PEM – Pembroke School |
| STMC – St Michaels College | SIC – St Ignatius College |
| SHC – Sacred Heart College | MERC – Mercedes College |
| PAC – Prince Alfred College | RC – Rostrevor College |
| CBC – Christian Brothers College | SPSC – St Peters College |
| PGS – Pulteney Grammar School | TC – Trinity College |
| WS – Westminster School | SC – Scotch College |
| CC- Concordia College | PEM – Pembroke School |

**SPORTS ASSOCIATION FOR ADELAIDE SCHOOLS**

Competitions will begin at 4:15 pm.

Swimmers can only compete in a maximum of 6 events.

They should also be in the correct age group with ages as of 1st January 2020.

A Swimmer must only swim in ONE event per stroke and can only compete in ONE Freestyle Relay and ONE Medley Relay.

**EXAMPLE** A competitor who is U15 could swim in the following

 U15 Freestyle

 U16 Breaststroke

 U15 Backstroke

 Open Butterfly

 U15 Freestyle Relay

 Open Medley Relay

This would mean each school must have a minimum of 18 swimmers competing**.**

It is expected that Schools will swim competitors in the correct order of ability.

**EXAMPLE** U/14 50 FREESTYLE B Poorest Swimmer

 U/14 50 FREESTYLE A Best Swimmer

**POINTS**

INDIVIDUAL **8, 7, 6, 5, 4, 3, 2, 1**

RELAYS **16, 12, 8, 4**

If there is a dead heat in any race, both swimmers will receive full points.

Host pools please send through final scores once the meet has finished.

The top 8 schools will swim in the A Final on Wednesday 25 March at St Peters College.

