

**SPORTS ASSOCIATION FOR ADELAIDE SCHOOLS**

**SAAS Cross Country**

**TERM 3 2020**

**SAAS Cross Country**

**Events are held on a Wednesday and begin at 4.30 pm**

**5 Race meets across Term 3**

**The school with the most points at the end of the 5 race meets wins the age Category Shield**

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| **SAAS Shield – Senior Boys / Senior Girls** |
| **SAAS Shield – Middle Boys / Middle Girls** |
| **SAAS Shield – Primary Boys / Primary Girls** |

**The runners will still need to be timed and these scores submitted to SAAS with points awarded to the top 15 runners in each category.**

**These points will be tallied, the school with the most points at the conclusion of the 5 race meets is the winner of the SAAS Shield in that age category.**

**The host team is responsible to record and forward the results to SAAS** **leo.panzarino@saas.asn.au**

***Recommended Teams of 4 Runners with Unrestricted Numbers, all finishing participates score a point for their school.***

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| **Point System (Top 15 places awarded points in each Category)** |
| **1st Place = 20 Pts** |
| **2nd Place = 18 Pts** |
| **3rd Place = 16 Pts** |
| **4th Place = 15 Pts** |
| **5th Place = 13 Pts** |
| **6th Place = 12 Pts** |
| **7th Place =11 Pts** |
| **8th Place = 10 Pts** |
| **9th Place = 9 Pts** |
| **10th Place = 8 Pts** |
| **11th Place = 7 Pts** |
| **12th Place = 6 Pts** |
| **13th Place = 5 Pts** |
| **14th Place = 4 Pts** |
| **15th Place = 2 Pts** |
| **All Event Runners who finish 16th and above Score a Point for their School = 1 Pts** |

**If there is a dead heat in any race, both runners will receive full points.**

***Relay is a Stand Alone Event to Conclude the Competition***

**Events will run Concurrently for**

**SENIOR (Yrs 10, 11 and 12) MIDDLE (Yrs 7, 8 and 9) Primary (Years 4-5-6)**

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| **DATES** |  | **Host Schools** |
| **JULY 29 (Term 3 Week 2)** | **Race Meet 1** | **St Peters College** |
| **AUGUST 5 (Term 3 Week 3)** | **Race Meet 2** | **Immanuel College** |
| **AUGUST 12 (Term 3 Week 4)** | **Race Meet 3** | **Concordia College** |
| **AUGUST 19 (Term 3 Week 5)** | **Race Meet 4** | **St Ignatius College** |
| **AUGUST 26 (Term 3 Week 6)** | **Race Meet 5** | **Pulteney Grammar**  |
| **SEPTEMBER 2 (Term 3 Week 7)** | **Relay – Mercedes (Separate Event)** | **Mercedes College** |