

| | Rules Matrix for Senior Football | | | | | | |
|---------------------------|--|---|-----------------------------|----------------------|------------------------|--------------------------------|--|
| Phase | Yr 7 | Yr8 | Yr9 | Yr10 | Res & Div 3 | First XVIII Division 1 + 2 | |
| | 7A1/A2, Middle | | Middle A1/A2/A3 | | | | |
| Players on ground | | 18 a side 15 or 18 | | | | | |
| Ball Size | Size 4 Size 4 Full Size Full Size Full Size | | | | | | |
| lax Game Day Squad | 22 players | | | | | | |
| Match Length | | | 4x18 min | | 4 x 20 min | 25 min | |
| Breaks | 1 ^{st and} 3rd Quarter 5 min Half Time | | | | | | |
| | 5 min 10 min 15 min | | | | | | |
| Coaching Position | Interchange Sideline | | | | | | |
| Bounces | Unlimited | | | | | | |
| Marking | A mark is awarded when a player catches the ball directly from another players' kick that has travelled at least 15m | | | | | | |
| Out of Bounds | Last possession (Kick of Handball) Out of Bounds. As per Rule 15.6 of the Laws of the Game | | | | | | |
| Kick off the ground | Permitted | | | | | | |
| Penalties | | 25m penalty applied as umpire's discretion in accordance per AFL Rule 18. Players can be ordered off at the umpires' discretion as per Yellow or Red Card Conditions | | | | | |
| 3rd Man Up / Ruck Contest | The adoption of the 3rd man up rule as implemented at AFL level - permitting only two players (one from each team) t contest a ruck contest | | | | | | |
| | For | the avoida | ince of doubt, if two playe | ers from the same to | eam contest a ruck con | test, a free kick will be paid | |
| Centre Bounce 6-6-6 | | As per AFL Rule 13.1 of the Laws of the Game | | | | | |
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