



SAAS Cross Country Host Event

SAAS Round 3 / Week 4; Wednesday 22 May 2024

Waite Reserve, Corner of Fullarton Road & Claremont Avenue, Netherby



Senior Boys	Year 10 - 12	3 Laps (6.0km)	Start 0:00
Senior Girls	Year 10 - 12	2 Laps (4.0km)	Start 1:00
Intermediate Boys & Girls	Year 7 - 9		
Primary Boys & Girls	Year 4 - 6	1 Lap (2.0km)	Start 2:00

COURSE

- The course has been slightly adapted from the 2023 course, now running the full downhill length of the Arboretum, near Walter Young Avenue
- Runners to run 'anti-clockwise', starting near the Eastern end of the Car Park
- Keep cones to the left (any trees, bushes, fences on right) and staying on any designated paths
- Competitors will need to write full name, school, gender, age group.

FINISH LINE

- Runners who are finishing a lap and to commence a new lap, will pass to the left of the finish area
- Runners who are completing their event will need to finish to the right of the track (closest to Pavilion).
- The finish line will be between some portable AFL posts.

SCHEDULE

4:20pm Competitors Briefing

4:30pm Race Start

4:55pm Approximate Race conclusion of Open Males